



RACE BOOK

Shimano Q Enduro Series


Round 1 Shimano Q Enduro Series


March 21, 2021

Garapine, Queensland, Australia

LOCATION	<p>Garapine MTB Park 24 Mountain View Road Kybong Queensland Google map Garapine is located at 24 Mountain View Rd, Kybong (off Traveston Crossing Rd).</p> <p>Please drive slowly along the dirt road (20km/h all the way). Parking is along the right-hand side of the driveway, on the grass, before the roundabout.</p> <p>Domestic pets are not permitted on the property.</p>	
RACE VILLAGE	Garapine Outdoor Adventure Centre	
WEBSITE	www.emsenduro.com	
ACCOMMODATION	Ride in Ride out Accommodation available at Garapine BOOK HERE	
FOOD	<p>The team at Garapine MTB park will be cranking up the BBQ for some spectacular food. As always the Zooper Doopers are back and will be available at the end of your race.</p> <p>Please do not stash any food out on the course or you will be penalised.</p>	
SCHEDULE	Course description release	Monday 15 March 2021. Course map is on last page.
	Race Registration	<p><u>Check-in/plate pick up:</u> Sunday 21st March: 07h00</p> <p><u>Rider Briefing is below and prior to the event start.</u></p>
	Race Day	Sunday 21 st March 2021. Scatter Start.
CATEGORIES	<p>FEMALE Junior (U13, U15, U17) FEMALE Under 21 FEMALE Sport FEMALE Master FEMALE Veterans FEMALE Expert FEMALE Elite</p> <p><i>Age calculation as at December 31, 2021</i></p>	<p>MALE Junior (U13, U15, U17) MALE Under 21 MALE Sport MALE Master MALE Veterans MALE Expert MALE Elite EBIKE</p>
MTBA/AUSCYCLE MEMBERSHIPS	<p>To race you will need to show a current race licence from MTBA or AusCycle. If you need a licence AusCycle currently have four week free membership. Please sign up before collecting your plate.</p> <p>You will be required to show your proof of membership for racing MTB/AusCycle membership when collecting race plates and chips.</p>	
TIMING TRANSPONDERS	<p>Timing transponders will be issued to riders on race morning.</p> <p><u>Transponders should be worn on the wrist. Please ensure that if you are wearing a smart watch that you wear it on the opposite wrist.</u></p> <p>Timing transponders will be collected at the finish of the race. Racers who withdraw or do not complete the race should return the transponders to the finish. Timing Tent will be located next to the Village Square stage. Lost or damaged transponders will be charged a \$150 AUD replacement fee.</p>	
PRACTICE DAY	<p>There will be no shuttles on practice day.</p> <p>To ride on Saturday for practice this is an additional fee that needs to be paid direct to Garapine. Book through this link www.garapine.com.au/shop Ride Fee \$15 or E-bike \$25 Saturday 20 March tracks will be open between 7.30am-4pm. Riders must bring proof of Auscycle/MTBA membership.</p>	

RIDER BRIEFING	<p>This is your rider briefing but please also keep check on social media for any unforeseeable changes to race day format.</p> <p>Racers should also check https://www.facebook.com/EMSEnduro/ for important event updates during the race weekend.</p>
COURSE DESCRIPTION / MAPS	<p>Competitors will need to complete all SIX STAGES within 4 hours. Stages can be completed in any order (scatter).</p> <p>The six stages are:</p> <ul style="list-style-type: none"> • Bone Yard • Drop Bear • Double Barrel • Short Notice • Dumb it Down • King Brown <p>U13 Category will only need to complete 4 stages. U13 will NOT be racing Dumb It Down OR Drop Bear. Under 13 can have a chaperone, please if all chaperone's see the team at registration so they are given a high visibility vest so we know they are ok to be on course with the Under 13 rider.</p> <p>U15 Category will only need to complete 5 stages. U15 will NOT be racing Dumb It Down.</p> <p>Riders will have a non-competitive liaison stage between each of the timed sections. Results will be based on the total cumulative time across the stages. The lowest time in each category will be the winner. Riders may use any of the trails or fire roads that are not part of the timed sections to make their way to the start of the next stage. Note that care should be taken on fire roads as event vehicles will also be using these. Please do not ride up any race stage otherwise you will be allocated penalties. Un-restricted e-bikes are not permitted.</p> <p>Stages will be taped where it is deemed appropriate. Taping will leave suitable line choices where possible, but it will not allow for any significant 'cutting' of race stages. Where course tape is only present on the outside of a corner, this defines the route.</p> <p>Any competitor seen to be crossing course tape, marker posts or taking any route deemed to be off the official stage will be penalised.</p> <p>There must be no interference with the track such as removing rocks, roots or branches. Any competitor deemed to be interfering with the track will be penalised.</p> <p>Creative line choice is allowed, however, creating your own trail/line is not allowed. If a commissaire or marshal witnesses or receives unbiased witness evidence, the rider will be penalised.</p>
COVID SAFETY	<p>Notice to all:</p> <p>If you answer yes to any of the following DO NOT ATTEND.</p> <ol style="list-style-type: none"> 1. Have you been in close contact with a known active case of Covid-19? 2. Have Covid 19 Symptoms (Fever, Cough, Sore throat, Shortness of breath, Runny nose, Fatigue, Loss of smell and/or taste, Diarrhoea, Vomiting or nausea) 3. Have travelled from overseas in the previous 14 days 4. Have been to a declared Covid-19 hotspot in the past 14 days. <p>Always maintain 1.5m physical distancing.</p> <p>Please use the sanitizing stands on arrival and when reentering into the village square.</p> <p>Wash your hands regularly to keep us all safe!</p>

DRIVING	PLEASE REDUCE SPEED when entering onto Mountain View Road. The speed limit is 20km/h (with a 10km/h section near the neighboring properties).
PARKING	Sensible parking on race day is essential. The driveway must remain clear for emergency vehicle access. <ul style="list-style-type: none"> - Park immediately beside the last parked car. - Do not continue past all the parked cars thinking you can get a better park, this will block the road. - Strictly NO DROP-OFFS at the top (contact the Garapine team for disability access) - NO TURN AROUND ACCESS at the top on arrival - Respect the speed limit and the neighbors, DRIVE SLOWLY, max speed 20km/hr please do not create any dust.
SPECTATORS	Spectators must download and check-in through the official Queensland Government Check in app – Scan here on the day or at the venue on various posters around the village area. <div style="text-align: center;">  <p>Can't scan? Enter the code 065692 manually to check in.</p> </div>
WATER	Water will available but where possible please bring your own reusable water bottle and water supply. We do ask that you sanitise your hands prior to using the water taps at the venue. Bottled water will be available for purchase from Garapine.
TOILETS	Toilets will be located in the Race Village – please keep these neat and tidy and wash your hands.
TIMING PROCEDURES	<p>You will be given a SIAC timing device with your registration pack. This is to be worn on your wrist (away from smart/GPS watches).</p> <p>Each rider will be issued with a timing device that will activate the timing control points at the start and finish of each trail.</p> <p>Riders must be stationary, one foot on the ground and within the starting area (no rolling starts) when you start each stage.</p> <p>Riders will start each stage at 30 second intervals in a scatter format. When following a junior rider down please allow 60 seconds or at the discretion of the start stage marshal.</p> <p>It is the responsibility of the rider to ensure that they pass close enough to the timing points for their chip to read (within 1 meter). Time penalties may be applied for those who fail to do this.</p> <p>On completion of all stages for the day you MUST return to the timing desk to download your timing results.</p>
RACE RULES	Please refer to the AusCycle Technical regulations The Race Director is authorized to give additional penalties that are not listed AusCycle rules in the case of a rider who fails to respect the other riders, the spirit of the sport, the environment or the organization.
PROTECTION RULES	Full face helmets are mandatory during the special stages only, open face helmets can be worn during the liaison stages. A detachable mouthpiece is acceptable.

	Juniors are to wear knee pads and covered elbows (long sleeves or elbow pads).
COMPLAINTS REGARDING THE PROGRESS OF THE STAGES, BEHAVIOR OF THE OTHER	<p>Complaints regarding the progress of the stages, results, behaviour of the other racers and any other sort of issue must be presented to the Race Director within 30minutes from the posting of the results.</p> <p>Race Director: Ian Harwood +61 404 326 169</p>
RESULTS	Race results will be available on the website www.emsenduro.com.au
AWARDS	<p>Time: 14:00</p> <p>Location: Village Main Stage</p> <p>Top 3 from each category need to be in attendance.</p>
PRIZE MONEY	Prize money will be award to all categories except Juniors, ebike and Sport categories.
TYRES	Maxxis will have plenty of tyre options available at the race village on Sunday.
RUBBISH	<p>We would prefer to spend our time working on the trails and not picking up rubbish. Your ongoing support of reducing litter and reducing waste is appreciated.</p> <p>Please make the effort to put your rubbish in the bin and not leave it on the ground.</p> <p>Banana peels will not decompose all by themselves when thrown into the garden or left on the grass by your car. Please put them in the bin or take them home.</p> <p>Disposable goggle tear offs are not allowed.</p> <p>There is to be no disposal of food or rubbish on the trail and no food or drink stored on the trail.</p>
EMERGENCY SERVICES/ FIRST AID MANAGEMENT	<p>Emergency Dispatch: Ian Harwood 0404 326 169</p> <p>Onsite medical team will be located in the race village.</p> <p>If you come across an injured rider who is not able to continue, the first rider to reach that person must wait with the rider.</p> <p>The second person on the scene should continue along the trail to the marshal to report it.</p> <p>Anyone affected by assisting with a medical will be given a time relevant to their performance on other trails.</p> <p>Paramedics from 1300Medics are here for assistance with injuries.</p>
CONTACTS	<p>Race Director: Ian Harwood ian@emsaustralia.net.au +61 404 326 169</p> <p>Athlete Manager: Ally Gray info@emsaustralia.net.au +61 407 113 002</p>
SOCIAL MEDIA	 <ul style="list-style-type: none"> • @emsenduro • #shimanoenduroseries • #emsenduro @emsenduro @shimanoaustralia • @Garapine <p>https://www.facebook.com/EMSEnduro/</p> <p>https://www.instagram.com/emsenduro/</p>
EWS INJURY/ILLNESS	Due to our partnership with EWS, medical staff may collect preliminary rider injury and illness data, to monitor the magnitude of issues that occur. As part of your participation this will include your medical data should you sustain an injury (or illness) during the event.

PERFORMANCE PROJECT

You will not be identifiable at any stage during any collection of this data, and any data collected on you will always be anonymised and kept strictly confidential. The information gathered may be used by the EWS/EMBA to help guide and direct future rider health and injury/illness prevention initiatives. You do not need to do anything as part of this data collection.

NB: If you decide you do not want your medical data to be collected during an event you must advise the organisers in writing. You are free to withdraw from this data recording at any stage, without penalty, and you do not need to explain your reasons for doing so.

Please make sure you are aware of the concussion ruling surround this event. Should a concussion be confirmed by a medical doctor, the athlete is responsible for completing a 'graduated return to activity' plan. [Full details here](#)

THANK YOU

SHIMANO

Event Partners:



Retail Partners



